



We've created the following cleaning checklist based on recommendations from the Centers for Disease Control and Prevention (CDC) used to help prevent the spread of COVID-19

- ✓ **Ventilate rooms before we clean.**
 - We allow fresh air to circulate for at least 20 minutes and leave all windows open during the entire cleaning process.
- ✓ **Wash our hands thoroughly before and after each cleaning.**
 - We use soap and water, and scrub for at least 20 seconds or a hand sanitizer with at least 60% alcohol.
- ✓ **Wear disposable gloves while we clean.**
 - Our gloves are thrown out after each cleaning and we make sure to wash our hands immediately after gloves are removed.
- ✓ **We clean, then disinfect.**
 - Cleaning is when you use soap or detergent and water to remove dirt, germs and impurities. Disinfecting refers to the use of chemicals like bleach or alcohol to kill germs. We do both as this has been proven as the best way to reduce the spread of infection.
- ✓ **We use the right disinfectants.**
 - Diluted household bleach solutions, cleaning products with at least 70% alcohol, and most common disinfectants registered by the Environmental Protection Agency are believed to be effective against the coronavirus. We make sure we use these when cleaning.
- ✓ **Our cleaning checklist**
 - We focus on frequently touched surfaces. Room keys, light switches, doorknobs, remote controls, and faucet handles are just a few of the many areas we disinfect.
 - We clean sofas, rugs, drapes, and other soft, porous surfaces.
 - We wash all linens at the highest heat setting recommended by the manufacturer.
 - This includes bed sheets, mattress covers, hand and bath towels, kitchen towels, and blankets. We always wear gloves when handling dirty laundry.
 - We clean and disinfect laundry baskets and hampers.
 - We empty the vacuum cleaner and disinfect it after every cleaning.